

# Weekly Study Guide

## Precious Thoughts

Read 2 Corinthians 10:3-5

“For though we live in the flesh, we do not fight according to the flesh. For the weapons of our warfare are not carnal but are mighty in God for pulling down strongholds. We demolish flawed human reasoning and tear down every high thing that exalts itself against the knowledge of God, taking captive every rebellious thought to make it obedient to Christ.”

### Questions:

1. What does it mean to live and fight according to the flesh? Can you think of any examples?
2. What does it mean to not fight according to the flesh? What kind of weapons are divinely powerful? Any examples?
3. What is a stronghold? What are some examples? What does it mean to tear down strongholds?
4. What is a rebellious thought? What does it mean to take it captive?
5. What is a big takeaway or lesson from all of this? How will you apply it to your life?

**For later:** Prayerfully ask yourself the following questions...

1. How is your thought life? Any strongholds that need to be demolished? Any thoughts that need to be taken captive and made obedient to Christ?
2. Are you believing any lies? Are you dealing with any doubt or pride? Any unrestrained or rebellious thoughts? False beliefs? Proud opinions?
3. Is there anything that you are putting your trust in apart from Christ?

**Bible Verses:** Ephesians 4:17-24; Proverbs 4:23; Luke 6:45; 1 Timothy 4:1-2; Titus 1:15; 2 Corinthians 10:3-5; Ephesians 6:12; 2 Corinthians 4:4; Hebrews 4:12; Proverbs 15:14; Psalm 101:3; Philippians 4:6-8; Isaiah 26:3; Deuteronomy 11:18

## **Helps:**

- Flesh - human nature, earthly existence, sinful nature, carnal
- Weapons - The word of God (Hebrews 4:12), obedience to Christ, truth
- Stronghold - A stronghold is a thought or belief that has a strong hold on you. It can be any thought or belief that exalts itself above the knowledge of God. Anything you put your trust in apart from Christ can be a stronghold. Any thought that replaces Christ in your life (Be it self, gov't, intellect, etc.). Views or beliefs which keep people from knowing God.
- Examples - False beliefs. Pride. Selfish opinions. Rebellious thoughts. Fear. Doubt. Guilt. Shame. Whatever gets your mind, gets you!
- Rebellious thought - Anything that provides false justification for disobedience to God and His Word.

**Series Questions:** Are you living your life consistent with what you truly believe? Do your words, actions, worship, and beliefs all line up? Are you allowing God to use your life to point others to Jesus? Is there anything in your life that might hurt your testimony with others? Are you willing to give it to God?