

# WEEKLY GUIDE

AUGUST 8, 2021

**1**  
**GATHER!**  
SUNDAY AND  
THURSDAY

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**2**  
**TALK!**  
DISCUSS THE  
LESSONS

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**3**  
**DO!**  
PUT THE  
LESSONS INTO  
PRACTICE

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**4**  
**PRAY!**  
MAKE YOUR  
REQUESTS  
KNOWN TO GOD

## **BIBLE READINGS:**

1 Corinthians 10:1-14; 1 Corinthians 9:19-23; Exodus 13:21-22; Exodus 14:2; Exodus 16:4; Exodus 17:6; John 4:7-14

## **1 CORINTHIANS 10:1-6, 11**

1 For I do not want you to be ignorant of the fact, brothers and sisters, that our ancestors were all under the cloud and that they all passed through the sea. 2 They were all baptized into Moses in the cloud and in the sea. 3 They all ate the same spiritual food 4 and drank the same spiritual drink; for they drank from the spiritual rock that accompanied them, and that rock was Christ. 5 Nevertheless, God was not pleased with most of them; their bodies were scattered in the wilderness. 6 Now these things occurred as examples to keep us from setting our hearts on evil things as they did.

11 These things happened to them as examples and were written down as warnings for us, on whom the culmination of the ages has come.

14 Therefore, my dear friends, flee from idolatry.

## **JOHN 4:10, 13-14**

10 Jesus answered her, "If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water."

13 Jesus answered, "Everyone who drinks this water will be thirsty again, 14 but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life."

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## DISCUSSION:

Where do your blessings come from? Do you acknowledge that every blessing comes from God? What about people who don't believe their blessings come from God? Where do you think they would say their blessings come from? What difference does it make what you believe?

How are the children of Israel examples for us? What was true of all of them? What was true of some of them? What was true of most of them? What can we learn from them? How does this relate to the world today? Why is remembering history so important?

What blessings do all people experience living on the earth? What blessings do Americans enjoy? What blessings do you experience as a Christian? Why is it so important to acknowledge that Jesus is our spiritual rock? What does this mean to you personally?

## APPLICATION:

What impacted you the most from this lesson? What were your big takeaways? What will you apply to your life? How will you put what you learned into practice in your life this week?

## SUMMARY:

The children of Israel wouldn't have made it very far during their exodus from Egypt if it weren't for God's divine intervention. The apostle Paul writes that they were accompanied by a spiritual rock, and that Rock was Christ (1 Corinthians 10:1-14). Though all the Israelites experienced God's provision, most did not respond as they should have. Some of them committed idolatry and sexual immorality. Some tested God and were tempted. Some grumbled and complained and were destroyed. They did not enter the promised land. Let's learn from them. You see, many experience the blessings of God, but fail to recognize Him as the source of their blessing, and instead are ungrateful, sinful, and even rebellious. Jesus is the source of life that springs up bringing eternal life. Jesus is the fount of every blessing, the place of promise, provision, and refreshing. Don't forget this! Set aside any complaining, drink from the Rock daily (John 4:7-14), and be grateful.

## PRAYER REQUESTS:

